

## Fluffy Slime

This activity is for kids, teens and adults. It makes for good hand coordination, hand strength, and increases social play and interaction.

Fluffy slime is similar to the squeeze ball or therapy ball where it helps to calm a child as well as increase focus, social skills and serves as a therapy play. The fluffy slime allows a child to create their own toy and encourages therapeutic play.

### *Helpful Tips:*

- Please be sure to replace borax detergent with regular washing detergent for allergies or sensitive skin.
- If using dye you will need gloves.

### **Items Needed:**

- *Detergent or borax*
- *warm water*
- *shaving cream*
- *Elmer's glue*
- *measuring cup*
- *spoon*
- *two bowls*
- *extras: napkins, dye, plastic bag or zip lock bag and gloves*

### **Directions:**

- **Step 1:** *Place a half of cup of warm water in a bowl. Mix a teaspoon of detergent until it dissolves and let it sit*
- **Step 2:** *Take another bowl and pour in a cup of glue (Elmer's), also add a 1/2 cup of shaving creams and stir. Sprinkle water and detergent from bowl one to begin to form the slime by mixing with a spoon. Continue adding sprinkles of the water while mixing until the glue and shaving cream is not sticking to the bowl. Take the slime and play with it with your hands to form a firm and playful slime. Add sprinkles of water from bowl one until it stops sticking to your hands.*
- **Step 3:** *Take a plastic bag put the slime in the bag and Add a few drops of food coloring to add a fun colorful creation. Let sit for 5 minutes and enjoy playing with the fluffy slime.*